

9. Wallauer Mittsommer-Lauf 2004

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Uhrzeit: 17:14

Datum: 31.05.05

Ergebnisliste 3000m Schnupperlauf

| Rang | Name | Ort | Verein | Jg | Kl. | Platz | MW-P. | Zeit | StNr |
|-----------|-------------------------|--------------------------|-------------------------------|-----------|------------|----------|----------|----------------|------|
| 1 | Frankenbach, Andreas | | TSG Ehlhalten | 83 | M20 | 1 | 1 | 10:28,1 | 2947 |
| 2 | Hübner, Lisa | Frankfurt am Main | LG Eintracht Frankfurt | 90 | W S | 1 | 1 | 10:32,7 | 9 |
| 3 | Velte, Andreas | | Oranje Team Fischbach | 78 | M20 | 2 | 2 | 10:40,1 | 561 |
| 4 | Wilhelm, Thobias | | Mombacher Turnverein 1861 eV | 88 | M J | 1 | 3 | 10:56,2 | 2723 |
| 5 | Jüngst, Alexander | Eppstein | LG Eintracht Frankfurt | 67 | M30 | 1 | 4 | 11:01,9 | 1351 |
| 6 | Diefenhard, Uwe | | TV Wallau Fussball | 80 | M20 | 3 | 5 | 11:17,0 | 2783 |
| 7 | Berghaus, Jens | Wiesbaden- Delkenheim | TuS Medenbach | 81 | M20 | 4 | 6 | 11:33,7 | 1654 |
| 8 | Strathmann, Timo | | TV Diedenbergen | 90 | M S | 1 | 7 | 11:35,8 | 2320 |
| 9 | Wanka, Simon | Hochheim am Main | | 91 | M S | 2 | 8 | 11:38,5 | 641 |
| 10 | Fuß, Bennet | | SG-Nassau Diedenbergen | 90 | M S | 3 | 9 | 11:47,8 | 2767 |
| 11 | Pflug, Christian | | EHS 6d | 92 | M S | 4 | 10 | 11:49,6 | 1918 |
| 12 | Schenk, Gregor | | EHS 6d | 92 | M S | 5 | 11 | 11:52,1 | 1925 |
| 13 | Krisperz, Arthur | | EHS 11 | 86 | M J | 2 | 12 | 11:58,4 | 3076 |
| 14 | Penzel, Florian | Wiesbaden | | 92 | M S | 6 | 13 | 11:59,8 | 2634 |
| 15 | De Groot, Caspar | | EHS 6d | 92 | M S | 7 | 14 | 12:00,0 | 1902 |
| 16 | Schlicht, Philipp | | TV Lorsbach 1885 | 90 | M S | 8 | 15 | 12:07,4 | 3046 |
| 17 | Klingenberger, Andreas | Frankfurt | VfB Unterliederbach | 92 | M S | 9 | 16 | 12:11,5 | 2137 |
| 18 | Emmelheinz, Carsten | | TV Wallau | 92 | M S | 10 | 17 | 12:13,7 | 472 |
| 19 | Hauzu, Michael | | | 80 | M20 | 5 | 18 | 12:18,5 | 2322 |
| 19 | Thomä, Harald | Frankfurt | | 62 | M40 | 1 | 18 | 12:18,5 | 829 |
| 21 | Laue, Timo | | EHS 5b | 92 | M S | 11 | 20 | 12:21,2 | 2690 |
| 22 | Meurer, Florian | | SG 4 ever | 88 | M J | 3 | 21 | 12:21,8 | 1626 |
| 23 | Scheib, Bastian | | EHS 6d | 92 | M S | 12 | 22 | 12:22,5 | 1924 |
| 24 | Gaßmann, Ralph | Mainz | Elly-Heuss-Schule | 76 | M20 | 6 | 23 | 12:24,4 | 1376 |
| 25 | Lackner, Baerbel | | | 66 | W30 | 1 | 2 | 12:27,2 | 1174 |
| 26 | Kolb, Jan | Hofheim | SG Wallau-Massenheim | 93 | M S | 13 | 24 | 12:30,6 | 1661 |
| 27 | Scheib, Florian | | EHS 8b | 90 | M S | 14 | 25 | 12:34,2 | 1945 |
| 28 | Hoffmann, Michael | | SG Wallau-Massenheim | 57 | M40 | 2 | 26 | 12:38,6 | 2296 |
| 29 | Günther, Fabian | | TV Wallau | 86 | M J | 4 | 27 | 12:39,3 | 470 |
| 30 | Caminati, Flavien | Hochheim am Main | | 90 | M S | 15 | 28 | 12:43,3 | 2282 |
| 31 | Schulze, Andreas | Niederndernhausen | | 63 | M40 | 3 | 29 | 12:43,7 | 2849 |
| 32 | Stryk, Tobias | Wiesbaden | EHS 5a | 92 | M S | 16 | 30 | 12:44,9 | 939 |
| 33 | Jung, Bernhard | | TV Wallau Fussball | 82 | M20 | 7 | 31 | 12:45,1 | 2789 |
| 34 | Hübner, Harald | Frankfurt am Main | TG Schwanheim | 51 | M50 | 1 | 32 | 12:45,7 | 208 |
| 35 | Schoch, Markus | | EHS 5c | 92 | M S | 17 | 33 | 12:47,5 | 1858 |
| 35 | Wilsch, Ute | Dietzenbach | TG Obertshausen | 63 | W40 | 1 | 3 | 12:47,5 | 171 |
| 37 | Dresbach, Thomas | Hofheim-Wallau | | 62 | M40 | 4 | 34 | 12:51,5 | 754 |
| 38 | Folmann, Armin | | TV Wallau | 91 | M S | 18 | 35 | 12:51,9 | 465 |
| 39 | Frankenbach, Erich | | TSG Ehlhalten | 53 | M50 | 2 | 36 | 12:54,0 | 2945 |
| 40 | Eich, Michael | gross-gerau | LG Grobi | 82 | M20 | 8 | 37 | 12:55,8 | 184 |
| 40 | Ernst, Oliver | | TG Niedernhausen | 91 | M S | 19 | 37 | 12:55,8 | 2074 |
| 42 | Bär, Sebastian | | TG Niedernhausen | 92 | M S | 20 | 39 | 12:55,9 | 2072 |
| 43 | Kühnel, Christian | | EHS 5b | 93 | M S | 21 | 40 | 12:59,8 | 2692 |
| 44 | Bühler, Nicolas | Hofheim | TV Diedenbergen | 90 | M S | 22 | 41 | 12:59,9 | 2530 |
| 45 | Venino, Florian | | EHS 11 | 86 | M J | 5 | 42 | 13:01,2 | 3083 |
| 46 | Daub, Vincent | | LG Rüsselsheim | 91 | M S | 23 | 43 | 13:01,6 | 2686 |
| 47 | Kraus, Christian | | EHS 6d | 91 | M S | 24 | 44 | 13:02,0 | 1910 |
| 48 | Carl, Jan-Luca | Wiesbaden-Breckenheim | TV Breckenheim | 92 | M S | 25 | 45 | 13:03,8 | 1990 |
| 49 | Daub, Philip | | LG Rüsselsheim | 93 | M S | 26 | 46 | 13:06,3 | 2687 |
| 50 | Hofmann, Matthias | | TV Delkenheim | 81 | M20 | 9 | 47 | 13:07,6 | 2547 |
| 51 | Schulze, Sven | Wiesbaden | TB Wiesbaden | 92 | M S | 27 | 48 | 13:10,4 | 2812 |
| 52 | Wolf, Daniela | | LG Rüsselsheim | 77 | W20 | 1 | 4 | 13:11,0 | 2688 |
| 53 | Guerba, Karim | | EHS 11 | 86 | M J | 6 | 49 | 13:15,1 | 3071 |
| 53 | Jordan, Christoph | | EHS 11 | 87 | M J | 6 | 49 | 13:15,1 | 3073 |
| 55 | Senger, Michael | | TV Kostheim | 89 | M S | 28 | 51 | 13:21,8 | 2664 |
| 56 | Smith-Horn, Dane | | EHS 11 | 87 | M J | 8 | 52 | 13:25,0 | 3081 |
| 57 | Schenck, Jana | Eppstein | Kelkheimer Schwimmclub | 91 | W S | 2 | 5 | 13:26,5 | 1954 |
| 58 | Menning, Alexander | | TV Wallau Fussball | 86 | M J | 9 | 53 | 13:27,3 | 2792 |
| 59 | Bürger, Tizian | | EHS 7a | 91 | M S | 29 | 54 | 13:27,8 | 3069 |
| 59 | Bergbauer, Robin | Hattersheim | TSG Eddersheim | 92 | M S | 29 | 54 | 13:27,8 | 1499 |
| 61 | Wann, Sebastian | Mainz Kostheim | TV Kostheim | 88 | M J | 10 | 56 | 13:31,1 | 2657 |
| 62 | Barwig, Manuel | Wiesbaden | FV Delkenheim | 93 | M S | 31 | 57 | 13:31,2 | 2162 |
| 63 | Kern, Florian | Wallau | EHS 6a | 91 | M S | 32 | 58 | 13:32,3 | 968 |
| 64 | Baumfalk, Manfred | Wiesbaden | | 64 | M40 | 5 | 59 | 13:32,9 | 811 |
| 65 | Hirt, Morena | Niedernhausen | Wiesbadener LV | 93 | W S | 3 | 6 | 13:34,1 | 2618 |
| 66 | Urbanek, Nils | | EHS 5b | 92 | M S | 33 | 60 | 13:34,9 | 2691 |
| 67 | Heusel, Thomas | | TV Wallau | 59 | M40 | 6 | 61 | 13:35,3 | 2882 |
| 68 | Hunstein, Lukas | Wi.- Dotzheim | EHS 5a | 93 | M S | 34 | 62 | 13:37,4 | 919 |
| 69 | Groeschner, Ingo | | TV Wallau Fussball | 77 | M20 | 10 | 63 | 13:37,5 | 2787 |
| 70 | Pasalic, Marcel | Wiesbaden | EHS 6a | 92 | M S | 35 | 64 | 13:38,7 | 976 |
| 71 | Schüngel, Maximilian | Wiesbaden | EHS 5a | 93 | M S | 36 | 65 | 13:41,2 | 937 |
| 72 | Giacinti, Alexander | Mainz Kostheim | TV Kostheim | 91 | M S | 37 | 66 | 13:42,1 | 2543 |

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|------------|------------------------------|-------------------------|-------------------------------------|-----------|------------|-----------|-----------|----------------|------|
| 73 | Muth, Florian | | TV Lorsbach 1885 | 91 | M S | 38 | 67 | 13:42,7 | 3040 |
| 74 | Sand, Pascal | | EHS 6d | 92 | M S | 39 | 68 | 13:44,6 | 1923 |
| 75 | Lotito, Pino | | TV Wallau Fussball | 72 | M30 | 2 | 69 | 13:47,4 | 2791 |
| 76 | Stratmann, Philipp | | TV Lorsbach 1885 | 93 | M S | 40 | 70 | 13:48,1 | 3050 |
| 77 | Herweck, Michael | Hofheim | Wilhelm Busch Schule | 96 | M S | 41 | 71 | 13:49,2 | 2314 |
| 78 | Henschker, Moritz | Wiesbaden | SG Wallau-Massenheim | 92 | M S | 42 | 72 | 13:51,4 | 2473 |
| 79 | Sarnowsky, Nigel | | WTHC | 93 | M S | 43 | 73 | 13:52,4 | 382 |
| 80 | Prenzel, Lutz | Sulzbach | | 49 | M50 | 3 | 74 | 13:52,8 | 219 |
| 81 | Gresens, Maurizio | Aarbergen | TV Michelbach | 93 | M S | 44 | 75 | 13:54,6 | 1184 |
| 82 | Godon, Andreas | | | 66 | M30 | 3 | 76 | 13:55,3 | 3089 |
| 83 | Daub, Stefan | | LG Rüsselsheim | 59 | M40 | 7 | 77 | 13:56,6 | 2685 |
| 84 | Luft, Fabian | Wallau | SG Wallau-Massenheim | 92 | M S | 45 | 78 | 13:57,4 | 2454 |
| 85 | Hientzsch, Lars Eric | Hochheim am Main | TuS Massenheim | 90 | M S | 46 | 79 | 13:57,9 | 2047 |
| 86 | Dautermann, Tim | | SG Wallau-Massenheim | 93 | M S | 47 | 80 | 13:58,0 | 2310 |
| 87 | Braun, Tobias | Hofheim - Wallau | EHS 5a | 93 | M S | 48 | 81 | 13:59,0 | 910 |
| 88 | Wendenius, Christof | Wiesbaden | EHS 5a | 92 | M S | 49 | 82 | 14:00,6 | 941 |
| 89 | Moos, Tobias | Wiesbaden-Bierstadt | EHS 5a | 92 | M S | 50 | 83 | 14:01,4 | 928 |
| 90 | Lang, Florian | | EHS 6d | 91 | M S | 51 | 84 | 14:02,9 | 1915 |
| 91 | Kozakli, Adil | | 1 SC Klarenthal | 89 | M S | 52 | 85 | 14:03,3 | 2891 |
| 92 | Hofmann, Sebastian | | EHS 6d | 92 | M S | 53 | 86 | 14:03,5 | 1904 |
| 93 | Piasta, Fabian | Wiesbaden | Elly-Heuss-Schule | 89 | M S | 54 | 87 | 14:03,6 | 2744 |
| 94 | Frankenbach, Nicole | | TSG Ehlhalten | 82 | W20 | 2 | 7 | 14:04,2 | 2946 |
| 95 | Spiecker, Christian | Wiesbaden | TuS Nordenstadt | 93 | M S | 55 | 88 | 14:05,5 | 2001 |
| 96 | Schuhmacher, Thomas | Frankfurt | | 57 | M40 | 8 | 89 | 14:05,8 | 663 |
| 97 | Termölen, Marcel | Niedernhausen | LV Wiesbaden | 93 | M S | 56 | 90 | 14:06,2 | 419 |
| 98 | Haun, Kevin | | TuS Strinz-Trinitatis | 91 | M S | 57 | 91 | 14:06,6 | 2424 |
| 99 | Neudeck, Gregor | | TG Niedernhausen | 92 | M S | 58 | 92 | 14:06,8 | 2073 |
| 100 | Birnkrout, Timo | Igstadt | Budoschule Wiesbaden | 93 | M S | 59 | 93 | 14:07,0 | 398 |
| 101 | Folland, Patrick | | SG Wallau-Massenheim | 94 | M S | 60 | 94 | 14:08,3 | 2303 |
| 102 | Piasta, Magnus | | EHS 6d | 92 | M S | 61 | 95 | 14:09,6 | 1920 |
| 103 | Ramb, Simon | Breckenheim | Breckenheim | 95 | M S | 62 | 96 | 14:09,9 | 2279 |
| 104 | Perlich, Annika | | EHS 5e | 93 | W S | 4 | 8 | 14:10,5 | 946 |
| 105 | Maurer, Julia | | EHS 11 | 87 | W J | 1 | 9 | 14:11,2 | 3077 |
| 106 | Tran, Minh-Tri | | EHS 11 | 87 | M J | 11 | 97 | 14:11,7 | 3082 |
| 107 | Dylla, Nathalie | WI - Nordenstadt | TV Wallau | 88 | W J | 2 | 10 | 14:12,2 | 468 |
| 108 | Hofherr, Kiki | | | 93 | W S | 5 | 11 | 14:12,3 | 497 |
| 108 | Theilig, Max | | TV Lorsbach 1885 | 93 | M S | 63 | 98 | 14:12,3 | 3041 |
| 110 | Schöberl, Marcel | | EHS 6d | 91 | M S | 64 | 99 | 14:13,1 | 1926 |
| 111 | Heuß, Tim | Hofheim - Wallau | EHS 5a | 93 | M S | 65 | 100 | 14:13,7 | 915 |
| 112 | Lang-Lajendäcker, Marco | Mainz | | 92 | M S | 66 | 101 | 14:14,0 | 2462 |
| 113 | Palm, Daniel | Idstein | EHS 5a | 93 | M S | 67 | 102 | 14:14,4 | 934 |
| 114 | Hübinger, Tabea | | TuS Eintracht Wiesbaden | 90 | W S | 6 | 12 | 14:14,7 | 2286 |
| 115 | Olbrich, Jonas | Hofheim | TV Wallau | 95 | M S | 68 | 103 | 14:16,7 | 668 |
| 116 | Bonneik, Peter | | | 54 | M50 | 4 | 104 | 14:17,4 | 2198 |
| 117 | Zirngibl, Jörg | Wiesbaden | TSV Auringen | 62 | M40 | 9 | 105 | 14:18,5 | 2966 |
| 118 | Gutheil, Alexander | Mainz | MultiSports Wallau | 96 | M S | 69 | 106 | 14:20,8 | 2081 |
| 119 | Wilsch, Lara | Dietzenbach | TG Obertshausen | 87 | W J | 3 | 13 | 14:21,3 | 172 |
| 120 | Vowe, Tobias | Wallau | EHS 6a | 92 | M S | 70 | 107 | 14:21,4 | 988 |
| 121 | Ewald, Benjamin | | TV Wallau | 88 | M J | 12 | 108 | 14:21,8 | 1065 |
| 122 | Schmanns, Philip | | SG Wallau-Massenheim | 88 | M J | 13 | 109 | 14:22,2 | 2878 |
| 123 | Ließ, Julia | | EHS 6e | 91 | W S | 7 | 14 | 14:24,4 | 958 |
| 124 | Wiener, Annika | Wiesbaden | TV Wallau | 93 | W S | 8 | 15 | 14:24,6 | 78 |
| 125 | Schestopalw, Marianne | Wiesbaden | EHS 6a | 91 | W S | 9 | 16 | 14:24,8 | 979 |
| 126 | Blinstein, Sarge | | 1 SC Klarenthal | 89 | M S | 71 | 110 | 14:25,3 | 2893 |
| 127 | Häuser, Marc | | TV Wallau | 92 | M S | 72 | 111 | 14:26,8 | 765 |
| 128 | Müller, Marco | Hofheim | | 91 | M S | 73 | 112 | 14:27,4 | 2446 |
| 128 | Seltmann, Matthias | | TV Wallau Fussball | 83 | M20 | 11 | 112 | 14:27,4 | 2800 |
| 130 | Eisenacher, Niklas | | SG Wallau-Massenheim | 95 | M S | 74 | 114 | 14:27,8 | 1753 |
| 131 | Eckert, Johannes | Hattersheim | TSG Eddersheim | 92 | M S | 75 | 115 | 14:28,4 | 1503 |
| 132 | Nesswetter, Carolin | Hofheim | TV Diedensbergen | 92 | W S | 10 | 17 | 14:28,9 | 1081 |
| 133 | Golz, Marina | Wiesbaden | EHS 6a | 91 | W S | 11 | 18 | 14:29,1 | 966 |
| 134 | Ernst, Theresa | Wiesbaden | Wiesbadener LV | 91 | W S | 12 | 19 | 14:30,2 | 2412 |
| 135 | Daniel, Oliver | | Wilhelm Busch Schule | 95 | M S | 76 | 116 | 14:30,7 | 2138 |
| 136 | Hui, Marco | | MTS 6b | 92 | M S | 77 | 117 | 14:31,1 | 1218 |
| 137 | Neeb, Valentin | | TuS Strinz-Trinitatis | 91 | M S | 78 | 118 | 14:31,7 | 2422 |
| 138 | Dautermann, Benny | | SG Wallau-Massenheim | 95 | M S | 79 | 119 | 14:32,2 | 2304 |
| 139 | dorer-gommermann, Rainer | | Joker Team | 61 | M40 | 10 | 120 | 14:32,3 | 2546 |
| 140 | Schäfthaler, Leo | Hattersheim | TSG Eddersheim | 93 | M S | 80 | 121 | 14:33,1 | 1510 |
| 141 | Lütke-meier, Svenja | Mainz | TV Hechtsheim | 91 | W S | 13 | 20 | 14:34,2 | 745 |
| 142 | Dekic, Patrik | | TV Wallau Fussball | 85 | M J | 14 | 122 | 14:34,7 | 2781 |
| 142 | Schneider, Frederic | | | 91 | M S | 81 | 122 | 14:34,7 | 1335 |
| 144 | Bähr, Jennifer | | Freie Christliche Schule Ffm | 89 | W S | 14 | 21 | 14:35,1 | 3028 |

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|------------|-----------------------------|----------------------------|--------------------------------------|-----------|------------|-----------|-----------|----------------|------|
| 145 | Parkos, Sanja | | TV Wallau | 86 | W J | 4 | 22 | 14:36,0 | 473 |
| 146 | Winter, Luca | Wiesbaden-Igstadt | | 91 | M S | 82 | 124 | 14:37,2 | 1015 |
| 147 | Kremer, Carsten | | EHS 8b | 89 | M S | 83 | 125 | 14:39,6 | 1937 |
| 148 | Krauss, Joshua | Wiesbaden | EHS 6a | 92 | M S | 84 | 126 | 14:39,8 | 970 |
| 148 | Keuth, Sebastian | | MTS 6b | 91 | M S | 84 | 126 | 14:39,8 | 1205 |
| 150 | Sertel, Patrick | Niedernhausen | EHS 6a | 91 | M S | 86 | 128 | 14:40,2 | 981 |
| 151 | Endlich, Leonard | Hofheim- Wallau | SG Wallau-Massenheim | 95 | M S | 87 | 129 | 14:40,8 | 898 |
| 152 | Katzmann, Ines | Wiesbaden | TV Igstadt | 90 | W S | 15 | 23 | 14:40,9 | 2366 |
| 153 | Barwig, Ramona | | EHS 6c | 92 | W S | 16 | 24 | 14:41,2 | 1871 |
| 154 | Jaskosch, Robin | Hattersheim | TSG Eddersheim | 92 | M S | 88 | 130 | 14:42,4 | 1505 |
| 155 | Luft, Niklas | | EHS 8b | 89 | M S | 89 | 131 | 14:43,0 | 1948 |
| 156 | Lüders, Janik | Hofheim | | 90 | M S | 90 | 132 | 14:43,2 | 2444 |
| 157 | Schuchardt, Martin | | TV Wallau | 67 | M30 | 4 | 133 | 14:43,4 | 1837 |
| 158 | Kanter, Florian | | TSG Marxheim | 92 | M S | 91 | 134 | 14:45,0 | 1787 |
| 159 | Dörr, Christina | | TSG Marxheim | 89 | W S | 17 | 25 | 14:47,0 | 1782 |
| 159 | Ranjbar, Benjamin | | EHS 6d | 91 | M S | 92 | 135 | 14:47,0 | 1922 |
| 161 | Hörner, Isabel | | MTS 6b | 92 | W S | 18 | 26 | 14:49,1 | 1223 |
| 162 | Kissel, Marco | | LG Rüsselsheim | 89 | M S | 93 | 136 | 14:51,9 | 1047 |
| 163 | Becker, Christina | | EHS 6c | 91 | W S | 19 | 27 | 14:52,7 | 1873 |
| 164 | Ritzel, Peter | | FC 34 Bierstadt | 64 | M40 | 11 | 137 | 14:52,8 | 1417 |
| 165 | Hacker, Dominique | | SG Wallau-Massenheim | 94 | M S | 94 | 138 | 14:54,1 | 2309 |
| 166 | Kreis, Yannik | | SG Wallau-Massenheim | 94 | M S | 95 | 139 | 14:54,8 | 2302 |
| 167 | Ullrich, Martin | Wiesbaden | TuS Nordenstadt | 95 | M S | 96 | 140 | 14:55,3 | 1802 |
| 167 | Kolb, Joachim | Hofheim | | 64 | M40 | 12 | 140 | 14:55,3 | 1662 |
| 169 | Lütkeimer, Verena | Mainz | TV Hechtsheim | 94 | W S | 20 | 28 | 14:56,2 | 746 |
| 170 | Dollak, Chiara | | WLV | 93 | W S | 21 | 29 | 14:56,5 | 344 |
| 171 | Pannan, Vachiraphon | | TV Wallau Fussball | 85 | M J | 15 | 142 | 14:57,6 | 2795 |
| 172 | nohr, Laura | | TuS Eintracht Wiesbaden | 90 | W S | 22 | 30 | 14:59,4 | 2285 |
| 173 | Schulze, Sina | Wiesbaden | TB Wiesbaden | 93 | W S | 23 | 31 | 15:00,0 | 2809 |
| 174 | Nürrberger, Lisa | Hofheim-Wildsachsen | | 95 | W S | 24 | 32 | 15:00,2 | 670 |
| 175 | Pekrul, Christopher | | SG Wallau-Massenheim | 94 | M S | 97 | 143 | 15:01,9 | 2298 |
| 176 | Jung, Ulrich | | TV Wallau Fussball | 82 | M20 | 12 | 144 | 15:02,8 | 2788 |
| 177 | Marschall, Julius | Hofheim | TV Diedenbergen | 95 | M S | 98 | 145 | 15:03,2 | 1079 |
| 178 | Raisch, Lukas | Wiesbaden | | 93 | M S | 99 | 146 | 15:03,3 | 1454 |
| 179 | Zippel, Norbert | Frankfurt | | 56 | M40 | 13 | 147 | 15:03,6 | 1426 |
| 180 | Oswald, Tim | Hofheim | TV Diedenbergen | 94 | M S | 100 | 148 | 15:03,9 | 1082 |
| 181 | Göbel, Laura | Wiesbaden | Reit und Fahrverein Erbenheim | 92 | W S | 25 | 33 | 15:06,2 | 368 |
| 182 | Horz, Carsten | | EHS 6d | 92 | M S | 101 | 149 | 15:10,3 | 1905 |
| 183 | Hampel, Julia | | TuS Eintracht Wiesbaden | 91 | W S | 26 | 34 | 15:10,6 | 2284 |
| 184 | Schießer, Felix | | SG Wallau-Massenheim | 94 | M S | 102 | 150 | 15:11,3 | 2307 |
| 185 | Zigric, Sibylle | Hofheim - Wallau | TV Wallau | 66 | W30 | 2 | 35 | 15:11,7 | 553 |
| 186 | Schmidt, Anke | | MTS 6b | 92 | W S | 27 | 36 | 15:12,4 | 1204 |
| 187 | Bade, Jan | Niederseelbach | EHS 6a | 91 | M S | 103 | 151 | 15:13,4 | 1861 |
| 188 | Kusch, Marius | | EHS 6d | 92 | M S | 104 | 152 | 15:14,7 | 1914 |
| 189 | Schmidt, Ulrich | Flörsheim | | 64 | M40 | 14 | 153 | 15:14,8 | 1851 |
| 189 | Schmidt, Adrian | Flörsheim | TV Wicker | 97 | M S | 105 | 153 | 15:14,8 | 1850 |
| 191 | Neumann, Niklas | Wiesbaden | EHS 5a | 92 | M S | 106 | 155 | 15:15,6 | 930 |
| 192 | Sangals, Simon | | 1 SC Klarenthal | 90 | M S | 107 | 156 | 15:15,9 | 2890 |
| 193 | Kämmerer, Uwe | Mörfelden Walldorf | LG Mörfelden-Walldorf | 61 | M40 | 15 | 157 | 15:16,1 | 510 |
| 194 | Karsenty, Petra | Hofheim-Wallau | TV Wallau | 66 | W30 | 3 | 37 | 15:16,6 | 1120 |
| 195 | Hoffmann, Jan | Hattersheim | TSG Eddersheim | 91 | M S | 108 | 158 | 15:17,3 | 1568 |
| 196 | Hornbacher, Waldemar | | 1 SC Klarenthal | 90 | M S | 109 | 159 | 15:19,8 | 2892 |
| 197 | Feix, Dennis | | EHS 6e | 91 | M S | 110 | 160 | 15:21,6 | 952 |
| 198 | Schildt, Michael | | SG Wallau-Massenheim | 95 | M S | 111 | 161 | 15:22,4 | 1754 |
| 199 | Küstermann, Felix | Mainz | TV Hechtsheim | 60 | M40 | 16 | 162 | 15:22,6 | 2537 |
| 200 | Küstermann, Indra | Mainz | TV Hechtsheim | 91 | W S | 28 | 38 | 15:22,8 | 2538 |
| 201 | haidari, Omar | Wallau | | 91 | M S | 112 | 163 | 15:23,5 | 2963 |
| 202 | Braun, Betty | Hofheim-Wallau | TV Wallau | 95 | W S | 29 | 39 | 15:24,2 | 542 |
| 203 | Otto, Fabian | Hattersheim | TSG Eddersheim | 92 | M S | 113 | 164 | 15:25,5 | 1507 |
| 204 | Rittgen, Lars | | SG Wallau-Massenheim | 94 | M S | 114 | 165 | 15:27,0 | 2299 |
| 205 | Colik, Almer | | | 92 | M S | 115 | 166 | 15:28,0 | 2662 |
| 206 | Winter, Robin | Wiesbaden-Igstadt | | 91 | M S | 116 | 167 | 15:32,1 | 1014 |
| 207 | Hagemann, Julian | | TV Breckenheim | 96 | M S | 117 | 168 | 15:32,2 | 744 |
| 208 | Geschwind, Jeannette | | Schloss Hansenberg | 88 | W J | 5 | 40 | 15:32,7 | 993 |
| 209 | Wölfel, Rita | Walluf Rheingau | Turnverein Oberwalluf | 74 | W30 | 4 | 41 | 15:33,0 | 2630 |
| 210 | Skott, Martin | Taunusstein | | 86 | M J | 16 | 169 | 15:34,5 | 1055 |
| 211 | Frate, Dennis | Wiesbaden-Breckenheim | TV Breckenheim -Handball | 92 | M S | 118 | 170 | 15:35,1 | 2326 |
| 212 | Diefenhardt, Nadine | Hattersheim | TSG Eddersheim | 93 | W S | 30 | 42 | 15:36,1 | 2042 |
| 213 | Hacker, Christel | | SG Wallau-Massenheim | 66 | W30 | 5 | 43 | 15:36,7 | 2308 |
| 214 | Spieß, Tobias | | | 86 | M J | 17 | 171 | 15:37,0 | 1140 |
| 215 | Gierschek, Edgar | Hofheim | TV 1860 Hofheim | 34 | M70 | 1 | 172 | 15:37,1 | 1996 |
| 216 | Heshmat, Bijan | Wiesbaden | | 90 | M S | 119 | 173 | 15:38,4 | 795 |

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| Rang | Name | Ort | Verein | Jg | Kl. | Platz | MW-P. | Zeit | StNr |
|------|-------------------------------|-------------------------------|-------------------------------------|-----------|------------|-----------|-----------|----------------|------|
| 217 | Landler-Senol, Monika | Hofheim | Vitis | 58 | W40 | 2 | 44 | 15:40,0 | 2191 |
| 218 | Djordjic, Petar | | TG Hochheim | 90 | M S | 120 | 174 | 15:42,5 | 2012 |
| 219 | Wolfsheimer, Celine | Wiesbaden | TV Igstadt | 90 | W S | 31 | 45 | 15:43,2 | 2367 |
| 220 | Ilmaz, Can | | EHS 6d | 92 | M S | 121 | 175 | 15:43,6 | 1906 |
| 221 | Dollak, Anna | | WLV | 95 | W S | 32 | 46 | 15:44,2 | 345 |
| 222 | Lemence, Brigitte | | TSG Sulzbach | 53 | W50 | 1 | 47 | 15:44,4 | 494 |
| 223 | Benyahya, Soufian | Flörsheim | | 91 | M S | 122 | 176 | 15:47,4 | 1006 |
| 224 | Hauzel, Annika | | TV Wallau | 91 | W S | 33 | 48 | 15:47,5 | 464 |
| 225 | Grünwald, Klaus | Frankfurt | SG Sossenheim | 61 | M40 | 17 | 177 | 15:50,6 | 1374 |
| 226 | Gutheil, Niklas | Mainz | Multi Sport | 96 | M S | 123 | 178 | 15:50,7 | 2082 |
| 227 | Hampel, Clarissa | | TV Wallau | 92 | W S | 34 | 49 | 15:52,9 | 218 |
| 228 | Höpp, Patrick | | TV Wallau | 92 | M S | 124 | 179 | 15:53,0 | 893 |
| 229 | Stibitzky, Tom | | SG Wallau-Massenheim | 94 | M S | 125 | 180 | 15:56,1 | 2305 |
| 230 | Nesswetter, Christian | Hofheim | TV Diedenbergen | 95 | M S | 126 | 181 | 15:56,3 | 1080 |
| 231 | Großkopf, Volker | Taunusstein | | 73 | M30 | 5 | 182 | 15:58,3 | 2711 |
| 232 | Clement, Vanessa | | SG Wallau-Massenheim | 94 | W S | 35 | 50 | 15:59,6 | 2300 |
| 233 | Benkert, Jürgen | | | 62 | M40 | 18 | 183 | 16:01,7 | 2934 |
| 234 | Wießmann, Julia | Elz | TV Elz | 61 | W40 | 3 | 51 | 16:02,7 | 1617 |
| 235 | Blinstein, Bernard | | 1 SC Klarenthal | 92 | M S | 127 | 184 | 16:05,6 | 2894 |
| 236 | Schmidt, Kerstin | | EHS | 91 | W S | 36 | 52 | 16:06,0 | 576 |
| 237 | Djordjic, Radina | | TuS Nordenstadt | 66 | W30 | 6 | 53 | 16:07,6 | 2011 |
| 238 | Djordjic, Zoran | | TG Hochheim | 66 | M30 | 6 | 185 | 16:07,8 | 2013 |
| 239 | Hauzu, Jürgen | Hofheim-Wallau | TV Wallau | 61 | M40 | 19 | 186 | 16:08,1 | 1422 |
| 240 | Hoch, Miriam | | Freie Christliche Schule Ffm | 74 | W30 | 7 | 54 | 16:08,9 | 3051 |
| 240 | Gottschalk, Claudia | Frankfurt | TG Zeilsheim | 67 | W30 | 7 | 54 | 16:08,9 | 456 |
| 242 | Trebert, Alisa Naomi | | EHS 6c | 91 | W S | 37 | 56 | 16:09,2 | 1891 |
| 243 | Lingelbach, Nick | Wiesbaden | EHS 5a | 93 | M S | 128 | 187 | 16:09,4 | 923 |
| 244 | Drobisch, Patrick | | TG Hochheim | 91 | M S | 129 | 188 | 16:10,3 | 1148 |
| 245 | Philipp, Jahn | Hofheim-Wallau | TV Wallau | 96 | M S | 130 | 189 | 16:11,0 | 2023 |
| 246 | Nicolay, Dominik | Wiesbaden | EHS 5a | 93 | M S | 131 | 190 | 16:13,3 | 931 |
| 247 | Höpp, Hendrik | Wiesbaden | | 93 | M S | 132 | 191 | 16:14,1 | 2164 |
| 248 | Odenbach, Anke | Hofheim | TV Wallau | 69 | W30 | 9 | 57 | 16:14,3 | 2265 |
| 249 | Finke, Gianluca | Mainz | | 93 | M S | 133 | 192 | 16:16,0 | 2463 |
| 250 | Deuser, Kevin | Hofheim | | 91 | M S | 134 | 193 | 16:16,1 | 235 |
| 251 | Mohr, Linda | | EHS 6c | 92 | W S | 38 | 58 | 16:18,2 | 1886 |
| 252 | Paulsen, Simone | | EHS 6d | 92 | W S | 39 | 59 | 16:20,0 | 1917 |
| 253 | Rahe, Sina | | TVB | 89 | W S | 40 | 60 | 16:21,0 | 1356 |
| 254 | Munkelt, Florian | Hofheim - Wallau | EHS 5a | 92 | M S | 135 | 194 | 16:22,7 | 929 |
| 255 | Lichy, Isabelle | Hofheim | | 89 | W S | 41 | 61 | 16:24,0 | 2996 |
| 256 | Fehse, Jenny | Wiesbaden- Igstadt | TV Igstadt | 82 | W20 | 3 | 62 | 16:24,5 | 2923 |
| 257 | Hartwig, Jonas | Hochheim am Main | | 94 | M S | 136 | 195 | 16:26,5 | 2851 |
| 258 | Stapf, Julia | Wiesbaden- Kloppenheim | TV Igstadt | 82 | W20 | 4 | 63 | 16:26,7 | 2925 |
| 259 | Gluzza, Thomas | | 1 SC Klarenthal | 90 | M S | 137 | 196 | 16:27,0 | 2889 |
| 260 | Bund, Christopher | Wiesbaden | EHS 5a | 92 | M S | 138 | 197 | 16:28,7 | 911 |
| 261 | Seel, Oliver | | 1 SC Klarenthal | 86 | M J | 18 | 198 | 16:29,4 | 2895 |
| 262 | Baumann, Jannis | Hofheim | TV Diedenbergen | 95 | M S | 139 | 199 | 16:30,4 | 1076 |
| 263 | Wagner, Marina | | TG Niedernhausen | 93 | W S | 42 | 64 | 16:30,5 | 1747 |
| 264 | Baum, Bastian | | EHS 5e | 92 | M S | 140 | 200 | 16:30,6 | 942 |
| 265 | Schupeta, Wilhelm | Idstein | | 62 | M40 | 20 | 201 | 16:30,8 | 1307 |
| 265 | Schupeta, Marike | Idstein | | 91 | W S | 43 | 65 | 16:30,8 | 2560 |
| 267 | Popp, Constanze | | TG Niedernhausen | 93 | W S | 44 | 66 | 16:31,0 | 2071 |
| 268 | Maaß, Linda | Niedernhausen | EHS 5a | 92 | W S | 45 | 67 | 16:32,2 | 925 |
| 269 | Lotz, Annette | | TV Igstadt | 92 | W S | 46 | 68 | 16:33,1 | 2603 |
| 270 | Holl, Frederick | | EHS 5e | 93 | M S | 141 | 202 | 16:33,2 | 944 |
| 271 | Trebert, Yonina Carmen | | EHS 6c | 91 | W S | 47 | 69 | 16:33,7 | 1892 |
| 272 | Petri, Nils | Hofheim | TV Diedenbergen | 91 | M S | 142 | 203 | 16:33,8 | 1084 |
| 273 | Dörner, Hope | | EHS 5e | 92 | W S | 48 | 70 | 16:36,4 | 943 |
| 274 | Exner, Christopher | | EHS 8b | 90 | M S | 143 | 204 | 16:41,7 | 1933 |
| 275 | Walter, Markus | | EHS 5e | 93 | M S | 144 | 205 | 16:44,0 | 947 |
| 276 | Ditthardt, Natascha | Wiesbaden | EHS 5a | 93 | W S | 49 | 71 | 16:44,3 | 913 |
| 277 | Reining, vesna | Hattersheim | | 56 | W40 | 4 | 72 | 16:44,6 | 2128 |
| 278 | Becker, Renate | Wiesbaden | | 90 | W S | 50 | 73 | 16:44,8 | 2056 |
| 279 | Edler, Sarah | | EHS | 89 | W S | 51 | 74 | 16:45,6 | 1699 |
| 280 | Sertillanges, Marielle | | TSV Groß-Zimmern | 96 | W S | 52 | 75 | 16:45,7 | 354 |
| 281 | Albertsmann, Julia | Wiesbaden | | 76 | W20 | 5 | 76 | 16:46,2 | 841 |
| 282 | Deus, Hendrik | | MTS 6b | 92 | M S | 145 | 206 | 16:47,5 | 1216 |
| 283 | Riemann, Merlin | Eschborn | | 93 | M S | 146 | 207 | 16:48,7 | 538 |
| 284 | Petri, Jens | Hofheim | TV Diedenbergen | 92 | M S | 147 | 208 | 16:49,2 | 1083 |
| 285 | Neidhardt, Gudrun | Trebur Astheim | | 60 | W40 | 5 | 77 | 16:53,9 | 1304 |
| 286 | Bayani, Donya | | EHS 6e | 90 | W S | 53 | 78 | 16:54,3 | 948 |
| 287 | Mannheim, Stefan | Wiesbaden-Biebrich | | 73 | M30 | 7 | 209 | 16:54,7 | 1097 |

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| Rang | Name | Ort | Verein | Jg | Kl. | Platz | MW-P. | Zeit | StNr |
|------------|---------------------------------|---------------------------|-----------------------------|-----------|------------|-----------|------------|----------------|------|
| 288 | Leismann, David | Wiesbaden | | 91 | M S | 148 | 210 | 16:55,3 | 797 |
| 289 | Leber, Stefanie | Wiesbaden | Elly-Heuss-Schule | 89 | W S | 54 | 79 | 16:55,5 | 2149 |
| 290 | Krohn, Rickmer | | | 95 | M S | 149 | 211 | 16:57,4 | 1820 |
| 291 | Peter, Anne-Katrin | Flörsheim | | 96 | W S | 55 | 80 | 16:59,5 | 1803 |
| 292 | Kurz, Rafael | Hochheim am Main | | 71 | M30 | 8 | 212 | 17:01,3 | 687 |
| 292 | Kurz, Patrick | | TV Wallau | 95 | M S | 150 | 212 | 17:01,3 | 868 |
| 294 | Lübbe, Katrin | Wiesbaden | EHS 5a | 92 | W S | 56 | 81 | 17:01,6 | 924 |
| 295 | Schön, Janina | | EHS 6e | 91 | W S | 57 | 82 | 17:03,8 | 962 |
| 296 | Schroder, Astrit | | EHS 6e | 92 | W S | 58 | 83 | 17:03,9 | 963 |
| 297 | Lauck, Constantin | Hofheim-Wallau | TV Wallau | 94 | M S | 151 | 214 | 17:06,4 | 506 |
| 298 | Kube, David | | EHS 6d | 91 | M S | 152 | 215 | 17:09,2 | 1913 |
| 299 | Elser, Ute | | | 59 | W40 | 6 | 84 | 17:09,4 | 1188 |
| 300 | Eckhardt, Kathrin | | TSG Marxheim | 93 | W S | 59 | 85 | 17:09,5 | 2121 |
| 301 | Schwarzloh, Gabriele | | TV Breckenheim | 46 | W50 | 2 | 86 | 17:11,0 | 2003 |
| 302 | Kirchner, Kevin | | EHS 5e | 93 | M S | 153 | 216 | 17:12,2 | 945 |
| 303 | Kosel, Katharina | | Elly-Heuss-Schule | 90 | W S | 60 | 87 | 17:13,1 | 579 |
| 304 | Meder, Norbert | Offenbach | TuS Nordenstadt | 52 | M50 | 5 | 217 | 17:14,4 | 451 |
| 305 | Glade-Beucke, Carolin | | TG Wallau | 95 | W S | 61 | 88 | 17:16,5 | 2722 |
| 306 | Wetzrl, Edward | | EHS 6c | 91 | M S | 154 | 218 | 17:20,6 | 1895 |
| 307 | Schuld, Michael | Flörsheim | | 68 | M30 | 9 | 219 | 17:20,7 | 2986 |
| 308 | Lindner, Janine | Hattersheim | TSG Eddersheim | 92 | W S | 62 | 89 | 17:22,7 | 2040 |
| 309 | Reuters, Luisa | Hofheim | TSG Marxheim | 94 | W S | 63 | 90 | 17:24,4 | 2841 |
| 310 | Lippert, Dennis | | | 90 | M S | 155 | 220 | 17:26,3 | 256 |
| 311 | Sövényi, Andrea | Griesheim | | 76 | W20 | 6 | 91 | 17:26,7 | 2223 |
| 312 | Losert, Jennifer | | TV Wallau | 90 | W S | 64 | 92 | 17:28,6 | 255 |
| 313 | Heusel, Annette | | TV Wallau | 60 | W40 | 7 | 93 | 17:32,0 | 2883 |
| 314 | Kage, Tatjana | Hofheim | TV Wallau | 88 | W J | 6 | 94 | 17:33,5 | 498 |
| 315 | Grieger, Robin | | TSV Raunheim | 94 | M S | 156 | 221 | 17:34,6 | 1332 |
| 316 | Braun, Marius | | FLS | 93 | M S | 157 | 222 | 17:35,3 | 735 |
| 317 | Wirthmann, Lena-Marie | Hofheim-Langenhain | Wilhelm Busch Schule | 95 | W S | 65 | 95 | 17:37,2 | 1811 |
| 318 | Böttzow, Annika | | TV Wallau | 92 | W S | 66 | 96 | 17:37,3 | 476 |
| 319 | Nix, Helena | Hofheim | Wilhelm Busch Schule | 95 | W S | 67 | 97 | 17:37,6 | 1622 |
| 320 | Ott, Sarah-Maria | Hofheim | Wilhelm Busch Schule | 95 | W S | 68 | 98 | 17:37,7 | 2058 |
| 321 | Schuld, Claudia | | TV Wicker | 67 | W30 | 10 | 99 | 17:38,8 | 2984 |
| 322 | Grieger, Manuel | | TSV Raunheim | 89 | M S | 158 | 223 | 17:39,5 | 1333 |
| 323 | Druhet, Leila | Wiesbaden | EHS 5a | 92 | W S | 69 | 100 | 17:40,5 | 914 |
| 324 | Serillanges, Maurice | | TSV Groß-Zimmern | 67 | M30 | 10 | 224 | 17:42,3 | 355 |
| 325 | Griesbach, Ann-Kathrin | | EHS 6c | 92 | W S | 70 | 101 | 17:44,1 | 1880 |
| 326 | Schmitt, Elke | Taunusstein | LG Taunusstein | 63 | W40 | 8 | 102 | 17:44,6 | 2410 |
| 327 | Jamin, Anna-Verena | | EHS 8b | 89 | W S | 71 | 103 | 17:45,1 | 1946 |
| 327 | Berg, Marina | | EHS 8b | 90 | W S | 71 | 103 | 17:45,1 | 1931 |
| 329 | Müller, Hanna | | EHS | 90 | W S | 73 | 105 | 17:46,9 | 578 |
| 330 | Strathmann, Sven | | MTS 6b | 92 | M S | 159 | 225 | 17:48,6 | 1208 |
| 331 | Krissel, Nils | | SG Wallau-Massenheim | 94 | M S | 160 | 226 | 17:51,1 | 2306 |
| 332 | Hientzsch, Ann-Kathrin | Hochheim am Main | TuS Massenheim | 94 | W S | 74 | 106 | 17:51,4 | 2030 |
| 333 | Schneider, Jonas | | | 90 | M S | 161 | 227 | 17:53,5 | 1344 |
| 334 | Jaskosch, Dennis | Hattersheim | TSG Eddersheim | 90 | M S | 162 | 228 | 17:53,9 | 1559 |
| 335 | Babor, Ursula | Dietzenbach | | 43 | W60 | 1 | 107 | 17:54,3 | 886 |
| 336 | Jeunet, Prudence | Hofheim | | 93 | W S | 75 | 108 | 17:54,4 | 1473 |
| 337 | Krissel, Peter | Liederbach | | 63 | M40 | 21 | 229 | 17:54,9 | 2491 |
| 338 | Ewald, Dennis | | EHS 11 | 86 | M J | 19 | 230 | 17:55,8 | 3070 |
| 338 | Widera, Uwe | | EHS 11 | 55 | M40 | 22 | 230 | 17:55,8 | 3084 |
| 340 | Kouidar, Naziha | | | 77 | W20 | 7 | 109 | 17:57,9 | 627 |
| 341 | Königstein, Janna | | MTS 6b | 92 | W S | 76 | 110 | 17:58,4 | 1213 |
| 342 | Elsen, Maike | | MTS 6b | 91 | W S | 77 | 111 | 17:58,5 | 1211 |
| 343 | Gappisch, Andrea | Nauheim | | 67 | W30 | 11 | 112 | 17:59,4 | 1112 |
| 344 | Kippert, Katharina | | MTS 6b | 91 | W S | 78 | 113 | 18:00,1 | 1212 |
| 345 | Werkmann, Caroline | | MTS 6b | 92 | W S | 79 | 114 | 18:00,4 | 1217 |
| 346 | Buchroth, Patrick | | EHS 6e | 92 | M S | 163 | 232 | 18:01,6 | 950 |
| 347 | Schmitz, Sascha | Wiesbaden 65185 | Ikea | 72 | M30 | 11 | 233 | 18:02,6 | 2244 |
| 348 | Gaubies, Dörthe | Mainz 55130 | Ikea | 68 | W30 | 12 | 115 | 18:03,1 | 2243 |
| 349 | Schmidt, Christine | | MTS 6b | 92 | W S | 80 | 116 | 18:05,1 | 1206 |
| 350 | Ulrich, Marion | Wiesbaden | | 64 | W40 | 9 | 117 | 18:09,2 | 2512 |
| 351 | Calim, Umur | Wiesbaden | EHS 6a | 91 | M S | 164 | 234 | 18:09,4 | 1865 |
| 352 | Knapp, Annemarie | | LT Freigericht | 49 | W50 | 3 | 118 | 18:10,3 | 2406 |
| 353 | Ehrlich, Eileen | | EHS 6e | 92 | W S | 81 | 119 | 18:10,5 | 951 |
| 354 | Bohrer, Ina | | EHS 6e | 91 | W S | 82 | 120 | 18:10,9 | 949 |
| 355 | Laurig, Leonard | Wiesbaden-Breckenheim | | 93 | M S | 165 | 235 | 18:11,1 | 2404 |
| 356 | Kuhne, Leon | Hofheim | | 96 | M S | 166 | 236 | 18:11,5 | 1472 |
| 357 | dorer-gommermann, Katina | | Joker Team | 92 | W S | 83 | 121 | 18:12,6 | 1317 |
| 358 | Müller, Miriam | | Joker Team | 92 | W S | 84 | 122 | 18:12,9 | 1315 |
| 358 | Fuchs, Franziska | Hattersheim | TSG Eddersheim | 90 | W S | 84 | 122 | 18:12,9 | 1518 |

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|------------|---------------------------------|-------------------------|--------------------------------|-----------|------------|------------|------------|----------------|------|
| 360 | Reuter, Tobias | Hattersheim | TSG Eddersheim | 90 | M S | 167 | 237 | 18:13,6 | 1560 |
| 361 | Besenbruch, Christian | Wallau | EHS 6a | 92 | M S | 168 | 238 | 18:14,0 | 1862 |
| 362 | Sen, Yasin | Mainz Kostheim | EHS 6a | 91 | M S | 169 | 239 | 18:14,1 | 980 |
| 363 | Friedrich, Daniel | Hattersheim | TSG Eddersheim | 91 | M S | 170 | 240 | 18:14,4 | 1565 |
| 364 | Kuhne, Martin | Hofheim | Dickbauchige Bachstelze | 60 | M40 | 23 | 241 | 18:17,9 | 1471 |
| 365 | Hinrichsen, Daniel | Wiesbaden-Breckenheim | | 91 | M S | 171 | 242 | 18:20,9 | 2403 |
| 366 | Kühnel, Heide | Hofheim | TV Lorsbach 1885 | 40 | W60 | 2 | 124 | 18:21,2 | 1997 |
| 367 | Wagner, Christoph | | | 85 | M J | 20 | 243 | 18:22,0 | 1743 |
| 368 | Hessemer-Diry, Susanne | | TV Lorsbach 1885 | 59 | W40 | 10 | 125 | 18:23,4 | 3047 |
| 369 | Dreyer, Pascal | Hattersheim | TSG Eddersheim | 93 | M S | 172 | 244 | 18:25,5 | 1501 |
| 370 | Kage, Michael | Hofheim | TV Wallau | 55 | M40 | 24 | 245 | 18:25,8 | 500 |
| 371 | Siegmund, Dennis | | TV Breckenheim | 95 | M S | 173 | 246 | 18:29,5 | 1063 |
| 372 | Siegmund, Petra | | TV Breckenheim | 59 | W40 | 11 | 126 | 18:29,9 | 1052 |
| 373 | Raisch, Ute | Wiesbaden | | 64 | W40 | 12 | 127 | 18:30,2 | 1457 |
| 374 | Kolb, Laurin Sebastian | Hofheim | Wilhelm Busch Schule | 94 | M S | 174 | 247 | 18:31,3 | 2031 |
| 375 | Eckhardt, Brigitte | Flörsheim | | 65 | W30 | 13 | 128 | 18:32,2 | 252 |
| 376 | Dressel, Hannah | | EHS 6d | 92 | W S | 86 | 129 | 18:32,4 | 1903 |
| 377 | Wollitz, Louisa | | EHS 6d | 91 | W S | 87 | 130 | 18:32,5 | 1928 |
| 378 | Loos, Vanessa | | EHS 6d | 91 | W S | 88 | 131 | 18:34,4 | 1916 |
| 379 | Rehn, Kevin | | Die Kercheläufer | 94 | M S | 175 | 248 | 18:35,3 | 1778 |
| 380 | Schulze, Ute | Frankfurt | | 61 | W40 | 13 | 132 | 18:35,8 | 1610 |
| 380 | Olds, Anna | Bremtahl | EHS 6a | 92 | W S | 89 | 132 | 18:35,8 | 975 |
| 382 | Dittrich, Veva | Wiesbaden | EHS 6a | 90 | W S | 90 | 134 | 18:35,9 | 964 |
| 383 | Celikovic, Selma | Wiesbaden | EHS 6a | 91 | W S | 91 | 135 | 18:36,3 | 1866 |
| 383 | Schilling, Jörg | | | 69 | M30 | 12 | 249 | 18:36,3 | 2843 |
| 385 | Friedrich, Katharina | Hattersheim | TSG Eddersheim | 93 | W S | 92 | 136 | 18:37,8 | 2041 |
| 386 | Özsögüt, Melek | Mainz Kastel | EHS 5a | 92 | W S | 93 | 137 | 18:42,9 | 933 |
| 387 | Baumann, Stefan | Hofheim | TV Diedenbergen | 64 | M40 | 25 | 250 | 18:49,1 | 1078 |
| 388 | Baumann, Jennifer | Hofheim | TV Diedenbergen | 91 | W S | 94 | 138 | 18:49,2 | 1077 |
| 389 | Wilhelm, Laura | | Schloss Hansenberg | 87 | W J | 7 | 139 | 18:49,5 | 1005 |
| 390 | Fischer, Nadine | | TV Wallau | 89 | W S | 95 | 140 | 18:50,1 | 1355 |
| 391 | Hanke, Nicole | | TV Bierstadt | 91 | W S | 96 | 141 | 18:51,3 | 1416 |
| 392 | Krammer, Michelle | Wiesbaden | EHS 5a | 93 | W S | 97 | 142 | 18:52,4 | 922 |
| 393 | Mundotia, Bhawna | | | 82 | W20 | 8 | 143 | 18:53,5 | 1500 |
| 394 | Waldhecker, Jonas | | TuS Nordenstadt | 95 | M S | 176 | 251 | 18:58,8 | 2718 |
| 395 | Holz, Andrea | kriftel | TV Wallau | 61 | W40 | 14 | 144 | 18:58,9 | 108 |
| 396 | Thies, Rainer | | TSV Bleidenstadt | 43 | M60 | 1 | 252 | 18:59,8 | 1421 |
| 397 | Böhm, Kristina | | Schloss Hansenberg | 86 | W J | 8 | 145 | 19:00,3 | 989 |
| 398 | Voigtländer, Anna | Schwickershausen | TuS Schwickershausen | 94 | W S | 98 | 146 | 19:01,0 | 436 |
| 399 | Höpp, Max | | TV Wallau | 95 | M S | 177 | 253 | 19:01,1 | 894 |
| 400 | Stapf, Christina | | TV Igstadt | 57 | W40 | 15 | 147 | 19:02,1 | 2602 |
| 401 | Pitzsch, Liane | | EHS 8b | 90 | W S | 99 | 148 | 19:03,7 | 1942 |
| 402 | Schneider, Barbara | Taunusstein | TV Hahn | 60 | W40 | 16 | 149 | 19:09,2 | 2973 |
| 403 | Weppner, Stella | | | 92 | W S | 100 | 150 | 19:11,0 | 532 |
| 404 | Toscano-Finke, Pauline | Mainz | | 61 | W40 | 17 | 151 | 19:11,4 | 2465 |
| 405 | Gerbrecht, Kerstin | Ingelheim | | 65 | W30 | 14 | 152 | 19:11,8 | 1982 |
| 406 | Lockemann-Weyel, Hiltrud | Hofheim | TV Lorsbach 1885 | 40 | W60 | 3 | 153 | 19:12,1 | 1998 |
| 407 | Mund, Sabrina | | | 91 | W S | 101 | 154 | 19:12,4 | 2765 |
| 408 | Hauzu, Andrea | | | 85 | W J | 9 | 155 | 19:13,1 | 2295 |
| 409 | Mantau-Müller, Rosswitha | Frankfurt | | 59 | W40 | 18 | 156 | 19:14,2 | 2272 |
| 410 | Ritzel, Jasmin | | EHS 6e | 92 | W S | 102 | 157 | 19:14,5 | 961 |
| 410 | Bieneck, Michael | Frankfurt | | 66 | M30 | 13 | 254 | 19:14,5 | 1373 |
| 412 | Voigtländer, Carola | Schwickershausen | TuS Schwickershausen | 64 | W40 | 19 | 158 | 19:16,1 | 435 |
| 413 | Endlich, Ricarda | Hofheim- Wallau | TV Delkenheim - Judo | 92 | W S | 103 | 159 | 19:17,8 | 897 |
| 414 | Kolb, Ulrike | Hofheim | Die Kercheläufer | 63 | W40 | 20 | 160 | 19:19,8 | 2033 |
| 415 | Besenbruch, Ingrid | Wallau | TV Wallau | 52 | W50 | 4 | 161 | 19:20,7 | 2551 |
| 416 | Waldhecker, Kristian | | TuS Nordenstadt | 95 | M S | 178 | 255 | 19:21,3 | 2717 |
| 417 | Waldhecker, Susanne | | TuS Nordenstadt | 67 | W30 | 15 | 162 | 19:21,4 | 2716 |
| 418 | *, * | | EHS 6d | 92 | W S | 104 | 163 | 19:21,7 | 1919 |
| 419 | Fischer, Günther | | | 64 | M40 | 26 | 256 | 19:22,1 | 890 |
| 420 | Krapp, Malu | | EHS 6d | 92 | W S | 105 | 164 | 19:22,3 | 1909 |
| 421 | Höpp, Frank | | TV Wallau | 67 | M30 | 14 | 257 | 19:22,8 | 891 |
| 422 | Baasch, Silke | | | 65 | W30 | 16 | 165 | 19:23,7 | 2737 |
| 423 | Schalbe, Jürgen | | TV Wallau Fussball | 74 | M30 | 15 | 258 | 19:24,3 | 2799 |
| 423 | Sperling, Patrick | | TV Wallau Fussball | 81 | M20 | 13 | 258 | 19:24,3 | 2802 |
| 425 | Bechtold, Astrid | Walluf | TV Oberwalluf | 64 | W40 | 21 | 166 | 19:31,0 | 440 |
| 426 | Scheinkönig, Sandra | | RSpG Rosshof e.V. | 88 | W J | 10 | 167 | 19:32,0 | 280 |
| 427 | Becht, Christin | Ober-Ramstadt | Lauftreff Ober-Ramstadt | 89 | W S | 106 | 168 | 19:38,5 | 394 |
| 428 | Torborg, Knud | Hamburg | TV Gut Heil Billstedt eV | 34 | M70 | 2 | 260 | 19:40,9 | 702 |
| 429 | Fuchs, Günter | Bad Schwalbach | TuS Massenheim | 33 | M70 | 3 | 261 | 19:44,5 | 358 |
| 430 | Dworschak, Maximilian | Hattersheim | TSG Eddersheim | 92 | M S | 179 | 262 | 19:46,2 | 1502 |
| 431 | Wagner, Tom | | Phantastischen 4 | 97 | M S | 180 | 263 | 19:46,4 | 2489 |
| 432 | Debusmann, Fritz | Wiesbaden-Bierstadt | Phantastischen 4 | 97 | M S | 181 | 264 | 19:47,7 | 1450 |

9. Wallauer Mittsommer-Lauf 2004

Seite: 7
Uhrzeit: 17:14
Datum: 31.05.05

Ergebnisliste 3000m Schnupperlauf

| Rang | Name | Ort | Verein | Jg | Kl. | Platz | MW-P. | Zeit | StNr |
|------|------------------------------|-----------------------------|-------------------------------------|----|-----|-------|-------|---------|------|
| 433 | Leibrich, Anja | Wörrstadt | TG 1860 Rommersheim | 66 | W30 | 17 | 169 | 19:48,3 | 90 |
| 434 | Merz, Lisa | Niedernhausen | TG Zeilsheim | 94 | W S | 107 | 170 | 19:49,6 | 1389 |
| 435 | Ramp, Christoph | Hattersheim | TSG Eddersheim | 93 | M S | 182 | 265 | 19:52,9 | 1508 |
| 436 | Speerbrecher, Silke | | | 69 | W30 | 18 | 171 | 19:54,5 | 202 |
| 437 | Fritsche, Carola | | | 72 | W30 | 19 | 172 | 19:54,6 | 200 |
| 438 | Grimme, Bianca | Rüsselsheim | | 72 | W30 | 20 | 173 | 19:55,8 | 1601 |
| 439 | Heinig, Christoph | | | 88 | M J | 21 | 266 | 19:55,9 | 2116 |
| 440 | Feige, Sebastian | | TV Biebrich | 86 | M J | 22 | 267 | 19:57,0 | 2550 |
| 441 | Pietzsch, Una | Niedernhausen-Oberse | TTG Oberseelbach | 64 | W40 | 22 | 174 | 19:59,2 | 2317 |
| 442 | Arnemann, Meike | | | 78 | W20 | 9 | 175 | 19:59,3 | 2311 |
| 443 | Hey, Ilona | Wiesbaden | | 55 | W40 | 23 | 176 | 20:03,8 | 2225 |
| 444 | Harchaouen, Noura | Offenbach | AOK Hessen | 67 | W30 | 21 | 177 | 20:04,4 | 1318 |
| 445 | Steiger, Daniel | | TV Wallau | 93 | M S | 183 | 268 | 20:05,2 | 474 |
| 446 | Großkopf, Tanja | Taunusstein | | 74 | W30 | 22 | 178 | 20:06,0 | 2710 |
| 447 | Schulz, Irene | | | 63 | W40 | 24 | 179 | 20:12,4 | 2107 |
| 448 | Kasperkowitz, Theresa | | TV Wallau | 92 | W S | 108 | 180 | 20:13,5 | 475 |
| 449 | Stenzel, Andrea | | Freie Christliche Schule Ffm | 66 | W30 | 23 | 181 | 20:15,5 | 3052 |
| 450 | Rehn, Matthias | | Die Kercheläufer | 67 | M30 | 16 | 269 | 20:19,5 | 1777 |
| 451 | Sövényi, Oliver | Griesheim | | 63 | M40 | 27 | 270 | 20:23,9 | 2222 |
| 452 | Thewes, Sonja | Wiesbaden | EHS 6a | 91 | W S | 109 | 182 | 20:27,9 | 986 |
| 453 | Dittler, Katja | Hofheim | | 65 | W30 | 24 | 183 | 20:29,1 | 441 |
| 454 | Löber, Nicole | Hofheim | TV Lorsbach 1885 | 70 | W30 | 25 | 184 | 20:30,1 | 1586 |
| 455 | Gebhardt, Ulrike | | Freie Christliche Schule Ffm | 61 | W40 | 25 | 185 | 20:32,5 | 3053 |
| 456 | Kirchner, Jennifer | | EHS 7a | 91 | W S | 110 | 186 | 20:34,2 | 3068 |
| 457 | Gerhard, Brigitte | Wiesbaden | | 47 | W50 | 5 | 187 | 20:38,2 | 2155 |
| 458 | Ditt, Tatjana | | | 91 | W S | 111 | 188 | 20:39,5 | 1176 |
| 459 | Torborg, Helga | Hamburg | TV Gut Heil Billstedt eV | 36 | W60 | 4 | 189 | 20:44,7 | 703 |
| 460 | Hormann, Karlheinz | | | 47 | M50 | 6 | 271 | 20:47,2 | 2940 |
| 461 | Geropp, Nicol | Wiesbaden | | 67 | W30 | 26 | 190 | 20:48,0 | 425 |
| 462 | Hormann, Meike | | | 79 | W20 | 10 | 191 | 20:48,2 | 2939 |
| 463 | Ehemann, Verena | | | 94 | W S | 112 | 192 | 20:49,0 | 2943 |
| 464 | Barthelmeß, Philipp | | | 83 | M20 | 14 | 272 | 20:49,3 | 2944 |
| 465 | Jung, Claudia | Frankfurt am Main | | 81 | W20 | 11 | 193 | 20:49,7 | 1815 |
| 466 | Exner, Verena | | TV Wallau | 88 | W J | 11 | 194 | 20:50,9 | 1364 |
| 467 | Neumann, Alexander | Niedernhausen | | 96 | M S | 184 | 273 | 20:52,3 | 2324 |
| 468 | Neumann, Olaf | Niedernhausen | | 64 | M40 | 28 | 274 | 20:52,9 | 2323 |
| 469 | Brunssen, Meike | Frankfurt am Main | | 92 | W S | 113 | 195 | 20:57,7 | 2650 |
| 470 | Goebel, Judith | Wiesbaden | | 59 | W40 | 26 | 196 | 21:07,5 | 740 |
| 471 | Bonow, Katharina | Wallau | EHS 6a | 91 | W S | 114 | 197 | 21:10,5 | 1863 |
| 472 | Fritsch, Bettina | Frankfurt | | 68 | W30 | 27 | 198 | 21:11,5 | 1427 |
| 473 | Treisbach, Tanja | Flörsheim | BSC Flörsheim | 65 | W30 | 28 | 199 | 21:13,5 | 59 |
| 474 | Braxmaier, Chiara | | | 94 | W S | 115 | 200 | 21:17,0 | 2344 |
| 475 | Schaub, Maren | Wallau | EHS 6a | 91 | W S | 116 | 201 | 21:18,3 | 978 |
| 476 | Lachhein, Nora | Wallau | EHS 6a | 91 | W S | 117 | 202 | 21:20,7 | 971 |
| 477 | Goretzko, Elisabeth | Hochheim am Main | | 63 | W40 | 27 | 203 | 21:23,6 | 2028 |
| 478 | Illner, Anita | | | 69 | W30 | 29 | 204 | 21:43,6 | 1251 |
| 479 | Scharf, Larissa | | EHS 8b | 90 | W S | 118 | 205 | 21:44,1 | 1944 |
| 480 | Drobisch, Barbara | | | 65 | W30 | 30 | 206 | 21:44,5 | 1147 |
| 481 | Becht, Thomas | Ober-Ramstadt | Lauftreff Ober-Ramstadt | 93 | M S | 185 | 275 | 21:49,1 | 395 |
| 482 | Kasilmis, Sema | | EHS 6c | 92 | W S | 119 | 207 | 21:51,1 | 1883 |
| 483 | Glock, Janina | Mühlheim | | 75 | W20 | 12 | 208 | 22:01,6 | 2384 |
| 484 | Weber, Christopher | | | 72 | M30 | 17 | 276 | 22:06,3 | 2647 |
| 485 | Wagner, Joe | Hofheim-Wallau | TV Wallau | 93 | M S | 186 | 277 | 22:09,8 | 777 |
| 486 | Schepers, Lothar | Niedernhausen | | 61 | M40 | 29 | 278 | 22:21,9 | 2516 |
| 487 | Bilgi, Askin Nur | | EHS 6c | 91 | M S | 187 | 279 | 22:27,6 | 1875 |
| 488 | Cron, Michelle | | EHS 6c | 92 | W S | 120 | 209 | 22:40,8 | 1877 |
| 489 | Reinheimer, Karin | | EHS 5b | 73 | W30 | 31 | 210 | 22:44,3 | 2693 |
| 490 | Peter, Gisela | Wiesbaden | Wassersport Wiesbaden 1921 | 38 | W60 | 5 | 211 | 22:50,9 | 1971 |
| 491 | Bayram, Nurhayat | | EHS 6c | 90 | M S | 188 | 280 | 22:57,5 | 1872 |
| 492 | Schardt, Norbert | | | 56 | M40 | 30 | 281 | 22:59,7 | 1032 |
| 493 | Meier, Stephanie | Frankenthal Pfalz | | 64 | W40 | 28 | 212 | 23:01,5 | 2629 |
| 494 | Schwarz, Frank | | | 69 | M30 | 18 | 282 | 23:06,9 | 2238 |
| 495 | Simon, Tamara | RüsselsheimSKG | SKG Bauschheim | 91 | W S | 121 | 213 | 23:10,5 | 116 |
| 496 | Weimar, Sabine | | | 74 | W30 | 32 | 214 | 23:19,7 | 2935 |
| 497 | Frank-Ochs, Michaela | Wiesbaden | | 62 | W40 | 29 | 215 | 24:25,7 | 2151 |
| 498 | Steiger, Claudia | | TV Wallau | 91 | W S | 122 | 216 | 24:51,8 | 477 |